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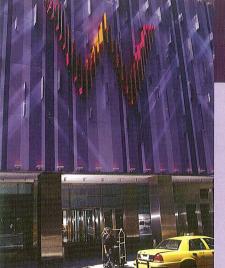
Answer these questions based on the articles in this issue of 360° for your last chance to win a trip to New York City!

Who is La Befana? A witch, cat or monkey?

What is another name for the Festival of Lights?

Name the Sweet Italian Bread featured in 360.





# **GRAND PRIZE:**

Feel the Magic of Times Square!

# WIN A THREE-DAY, TWO-NIGHT TRIP TO **New York City!**

You and a guest will fly to New York City and stay at the W Times Square Hotel. Your entry will be submitted into a final drawing for a grand prize trip to New York City. This drawing will be held in January 2005.

YOUR ENTRY WILL BE SUBMITTED INTO A FINAL DRAWING FOR A GRAND PRIZE TRIP TO NEW YORK CITY. THIS DRAWING WILL BE HELD IN JANUARY 2005.

Winner or guest must be 21 to check into hotel. If not 21, ICN reserves the right to substitute prize

#### Contest Rules NO PURCHASE NECESSARY.

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Answers • • • • • • • •
Question 1:
Question 2:
Question 3:

# **Cultural Tidbits**

**CHRISTMAS AROUND THE WORLD** 



France: On Christmas Eve, children put their shoes in front of the fireplace. They hope Père Noel (Father Christmas) will fill them with presents. His partner Le Père Fouettard (Father with a spanking.

The Netherlands: St. Nicholas is known as Sinterklaas. Dutch children are told that he arrives from Spain on a steamer on his feast day, December 6. The night before, they fill their shoes with hay and sugar for his horse and, in the morning, awake to find them filled with nuts and candy.

**Zimbabwe:** Fellowship is a big part of Christmas Day. Kisimusi, or Christmas, is celebrated Dec. 25, during the summer. Fathers give gifts to their children and wives, usually consisting of clothes and candy

**Egypt:** Bells ring out in the Coptic churches and monasteries in celebration of Christmas on January 7. The churches and Christian areas of various cities Le Père Fouettard (Father are lit up by special lanterns and Spanker) rewards bad children candles. Sweet biscuits marked with crosses are the delicacy of the day, and many children receive new clothes.

> Hong Kong: Christmas cards are significant in Hong Kong around Christmastime. Time and money are spent to ensure that the cards reflect the artistic capabilities of the family. Dun Che Lao Ren, or Santa Claus, and his reindeer are a common site.

> Romania: It is traditional for children to travel from house to house on Christmas night singing carols and reciting poetry.



## **A SWEET ITALIAN CHRISTMAS!**

Buon Appetito! Bring out the wine and relax with this sweet treat!

The legend goes that panettone originated in the 16th century, when a baker named Antonio fell in love with a princess and baked bread to win her heart. In the 19th century, the bread was embellished with candied red cherries and green citron as a patriotic gesture.

### **PANETTONE**

2 eggs

1/2 c. sugar

1/2 c. (1 stick) unsalted butter, melted &

1 t. grated lemon peel

1 t. crushed anise seed

1/4 c. pine nuts or slivered almonds

1/4 c. golden raisins

1/4 c. mixed candied fruits, chopped

1 t. vanilla extract

1 t. lemon extract

3 c. flour

2 t. baking powder

1/2 t. salt

1 c. milk

Preheat the oven to 325 F. Grease an 8-inch round cake pan, and cut a 3-inch-wide strip of brown paper, parchment, or waxed paper long enough to go all around the rim of the pan. In a large bowl, beat the eggs and sugar until thick and light yellow. Beat in the melted butter, lemon peel, anise seed, nuts, raisins, fruits, and vanilla and lemon extracts. In a small bowl, mix the flour, baking powder and salt and blend into the creamed mixture alternately with the milk. Fold the mixture into the prepared baking pan. Bake for 1 hour and 45 minutes, or until the bread is

Cool the bread in the pan for 10 minutes, then remove from the pan and place on a rack to finish cooling. To serve, remove the paper and cut the bread into wedges. May be stuffed with ice cream, served with a chocolate sauce or served plain with a sweet wine.

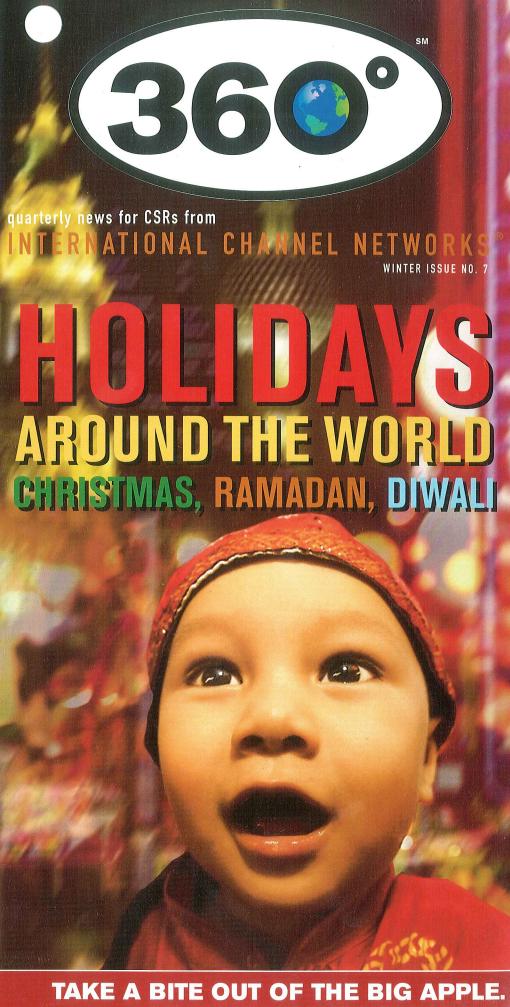


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LAST CHANCE TO WIN A TRIP TO NYC!

# RAMADAN A FASTING CELEBRATION

Prayer, spiritual reflection and worship are what Ramadan is all about

believed that this is the time when the Night of Power, is celebrated. Muslim holy book, the Qur'an, was sent from heaven and revealed to the Prophet Mohammed. This year, from around October 14 (depending on the moon) to November 12 or 13, over one billion Muslims around the world will devote themselves to prayer, contemplation, alms giving, and strict fasting in order to receive forgiveness from God and achieve purity. Muslims are to fast from all smoking, eating, drinking and sexual relations from sunrise to sunset every day for the entire month. In addition, Muslims are encouraged to refrain from arguing and indecent speech and to concentrate on Depending on the Islamic nation, fostering patience, love and other various social norms may change a bit characteristics.

With a daily prayer at nightfall, the fast is open again after dark when people are broken and families share a meal called iftar. After the meal, it is customary to visit friends and family. People are often early each day during the month.

night the Prophet Mohammed received the revelation. According to the Qur'an, this is also the night God establishes the course of the world for the next year.

The biggest parties of the year take place at the end of Ramadan during Id-al-Fitr, the Feast of Fast Breaking. For three days, friends and families partake in huge, often elaborate feasts and give gifts. Lights are used for decoration, and people don their best clothes for the occasion.

during this month. Businesses may close early in the afternoon but then out visiting and celebrating; alcohol is prohibited; and schools usually let out

## One of the five Pillars of Islam, Ramadan out late, enjoying what they cannot have or the Fast of Ramadan is celebrated during the day, and some stay up until the ninth month of the Muslim calendar the breakfast meal before sunrise. On beginning on the new moon. It is the 27th of the month, Laylat-al-Qadr, or

Muslims believe that this is the

# **All Your Favorite Italian Entertainment**



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#### **Highlights:**

- \* Italian movies, soccer games, music, game shows and children's programming
- \* Full Christmas events from Vatican City





# **NEW PROGRAMS FROM TV ASIA**



In this new drama, Anamika, a beautiful woman, is CEO of a company doing big business with the Ahuja family. The Ahujas recently celebrated the engagement of their son, Uday, to Pooja. Can Pooja trust Uday to be faithful to her, when he and Anamika spend so much time together?

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# FIVE NIGHTS OF DIWALIA Dazzling Festival of Lights

◀ Carryy on Shekhar

This very popular talk show brings you Shekhar at his best! With topical humor of the day and famous stars to interview, Shekhar will make you laugh while you think!



Each day has its own significance and rituals associated with age-old myths and legends. Observers may celebrate the

Light represents all things pure and different days by taking a ceremonial bath good, and its very presence drives away to cleanse oneself of the past year, setting darkness - the symbol of evil. This off huge fireworks displays, feasting with friends and family, gambling to assure wealth in the upcoming year, or adorning and worshipping the source of their income (which could be anything from a herd of cattle to a school bus) in a celebration of the New Year's prosperity.

> Diwali is as well known and widely celebrated as Christmas is in America. In fact, there are large Diwali celebrations held within the Asian Indian populations here in the U.S. Maybe you'll want to take part... or decorate and worship the

computer in your cubicle!

## **LEGEND OF LA BEFANA**

Move Over Santa Claus - La Befana Takes the Cake

eccentric old recluse in a small Italian village who spends her life sweeping. woman - known affectionately as La Befana, the gift-giver - flies through the night sky on her broom leaving cakes

philosophy is the basis for the five-night

Indian holiday known as Diwali, or the

Festival of Lights. In homes all over the

country, oil lamps or candles are lighted

and allowed to burn throughout the night to

While the holiday has various meanings

throughout India, everyone considers

Diwali the ultimate celebration of life's

serve this purpose.

renewal for the New Year.

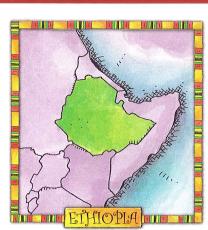
As the story goes, the Three Kings visited this lonely old lady during their search for the Christ Child. They

miraculous child sent to save the world. Ah, but Befana decided her household continued to sweep.

intrigued her, so she gathered up some fresh-baked goodies and a few toys to bring to the baby and decided to try to catch up to the kings. But Befana was too late. So, every year she continues Christ Child and leaves gifts for all of Italy's children.

# MERRY GANNA!

**An Ancient Celebration Still Being Practiced** 

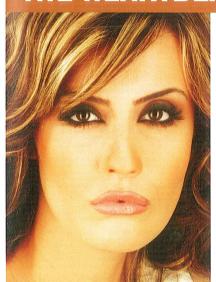


If you happen to be in East Africa during the holiday season, visit Ethiopia. It is one of the oldest Christian nations in the world. Ganna, or Christmas, is celebrated on January 7 in accordance with the Coptic Church calendar. The 40 days prior to Christmas are dedicated to spiritual preparation and fasting and concludes with Mass on Christmas morning.

> Since ancient times, each person enters the church wearing white and carrying a candle. Everyone circles around the inside of the building three times. There are no chairs in Ethiopian churches, so they stand for the long (sometimes three hours!) Christmas ceremony.

Christmas dinner cuisine is comprised of sourdough spongy bread, injera, and a spicy chicken stew, doro wat. Gift giving or receiving is not a significant part of Christmas in Ethiopia. Ganna is all about family and spiritual matters.

# THE HEARTBEAT OF ARAB LIFE



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